



THE PAW PRINT



RI Baker Middle School, Coaldale, Alberta

November 2023 Edition



PRINCIPAL'S MESSAGE

Happy Halloween!

I cannot believe we are already moving into November. As the weather quickly has turned from Summer/Fall-like conditions to winter, I would like to remind parents to send their children in gear that aligns with the temperature. Students are often outside for PE classes and recess breaks can be cold if you are underdressed. We are not permitting the sharing of winter clothing among students, so please ensure your child comes prepared.

Also, A reminder that you can see updates in progress and grades on the first of every month from this point on. Thank you for your patience as we have been learning our new platform (Edsby). If you need assistance with this, please contact our office.

I would like to thank all students and parents who helped the Walkathon continue walking! Money raised will go back to the Finally, I would like to encourage all parents to think about attending our parent council meetings. We meet every second month for about an hour. It is a great way to get involved and be on top of all that is Baker. You can find dates and minutes on our website.

I wish everybody a safe Halloween and an even better November.

Mr. Preb.

IMPORTANT DATES

NOV 1 - SUBWAY LUNCH

NOV 1 - EDSBY PARENT TEACHER INTERVIEW LINK WILL BE LIVE

NOV 8 - COALDALE BAKERY LUNCH

NOV 10 - REMEMBRANCE DAY CEREMONIES AT RIBMS 10:30AM

NOV 13 - NO SCHOOL

NOV 15 - COALDALE MOTOR INN LUNCH

NOV 15 & 16 - PARENT TEACHER INTERVIEWS 4-7PM

NOV 21 - PARENT COUNCIL MTG

NOV 22 - EDO LUNCH

NOV 29 - TACO IN A BAG LUNCH

**BE SURE TO CHECK
YOUR EDSBY "RIVER
OF NEWS" FOR UP TO
DATE SCHOOL NEWS
AND EVENTS!**



PARENT TEACHER INTERVIEWS

NOVEMBER 15 & 16 4-7PM

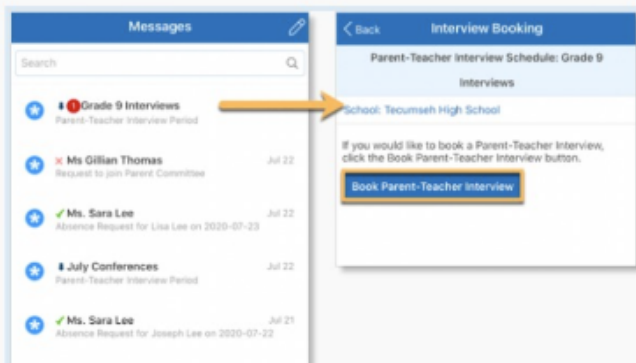
BOOKING LINK INVITES WILL BE EMAILED NOVEMBER 1

PARENTS NEED TO HAVE AN EDSBY ACCOUNT SET UP IN ORDER TO ACCESS THE OPPORTUNITY TO BOOK PARENT TEACHER INTERVIEWS. PLEASE CONTACT THE OFFICE IF YOU NEED HELP GETTING THIS ACCOUNT SET UP.

1

When it's time for parents to schedule an interview with their children's teachers, a message will be sent to their Edsby mailbox.

Click the envelope in the Navigation Bar to access your mailbox.



Open the message and click Book Parent-Teacher Interview.

You will see the children the interviews apply to and the available time slots for each of your children's teachers. If the interview period runs on more than one day, use the tabs to select between interview days.

2

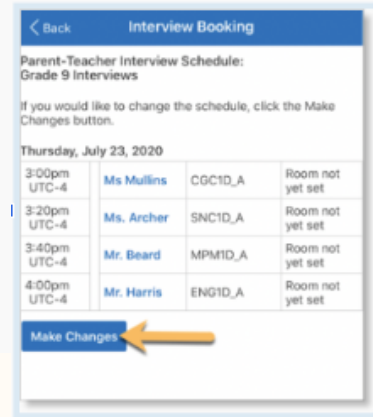


Edsby enables parents to choose exact time slots they want and enables parents to know in real time if the slots are available. Slots that are already booked and unavailable will be blank. Slots available will be labeled accordingly. Click on available slots to book them.



You can also remove your booking or change it to another available time.

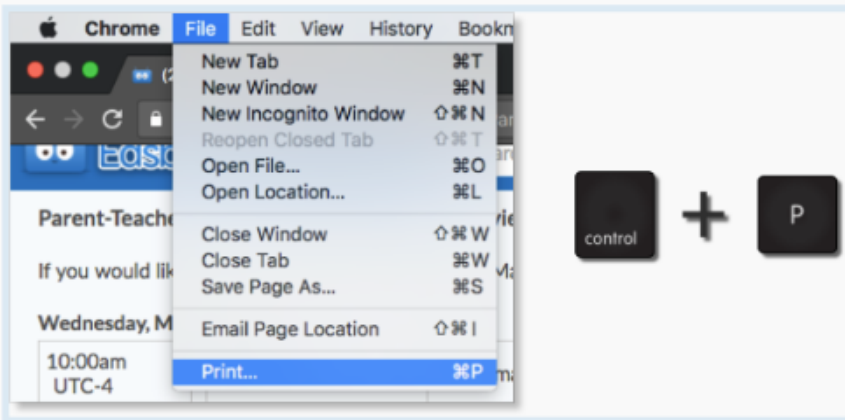
When you are finished booking, click Done. You will have a summary of your interview schedule in your mailbox.



If the interview period has not yet been closed for editing by an administrator, parents can make changes to their interview schedule by clicking Make Changes.

Printing the Schedule

Parents can print their interview schedules by clicking File and then Print or by typing Ctrl+P on their keyboard.



REMEMBRANCE DAY CEREMONIES NOVEMBER 10, 2023

Remembrance Day will be observed at R.I. Baker on Thursday, November 10, 2023. The ceremony will start at approximately 10:30am in the gym at the school. Part way through the ceremony, students will follow the bagpiper over to the cenotaph across the street for the wreath laying and to pay their respects. Special thanks to our guest speaker, Brent Ginther, our bagpiper, Sean Robison, and to our trumpeter, Tanya Conrad.

GRADE 5 POD

LUNCH TIME REMINDERS: Microwaves are available for lunch. Parents/Guardians, if your students' lunch requires a utensil (spoon, fork, etc) they **MUST** bring one from home. Thank you!



5A - MR. KIM
5B - MRS. NAST/MRS CONRAD
5C - MRS. ROSENTERER
5D - MRS. HUSCROFT



There are lots of changes in Grade 5 this month! Mrs. Nast has departed on her maternity leave, and we are welcoming a new member to our team (TBD).

Literacy intervention will be starting shortly! Students will be switching classrooms for one Language Arts period per day, Monday through Thursday, to work on literacy skills appropriate to their skill level. This means there is a chance your child may be working with a grade 5 teacher other than their homeroom teacher! We love the idea of getting to know more grade 5s while targeting much needed reading and writing skills.

Less formal numeracy intervention will also be getting up and running shortly. For many classes working with Multiplication and Division topics, practising times tables at home would be extremely beneficial for all students!

DID YOU SAY SKI TRIP???!!!

STAY TUNED FOR MORE INFORMATION ON THE RETURN OF THE RI BAKER ANNUAL SKI TRIP FEBRUARY 8, 2024 TO CASTLE MOUNTAIN SKI RESORT! A GREAT CHRISTMAS GIFT IDEA FOR SURE!



SAMARITAN'S PURSE: OPERATION CHRISTMAS CHILD

Once again we will be collecting shoeboxes for Operation Christmas Child. Shoeboxes can be picked up from Mrs. Pilling in the library. **Shoeboxes are due on November 15th.** You can return them to Mrs. Pilling in the library. Thank you so much for your support.

GRADE 6 POD

LUNCH TIME REMINDERS: Microwaves are available for lunch. Parents/Guardians, if your students' lunch requires a utensil (spoon, fork, etc) they MUST bring one from home. Thank you!

MATH

As we start November, we will be wrapping up Unit 1: Understanding Number, by reviewing Place Value, Order of Operations and Factors & Multiples. Once this unit is complete, we will begin Unit 2: Decimals. This unit will look more closely at Decimal Place Value & Decimal Operations. Please check with your child if they are running low on pencils, and that they have headphones as some lessons will be pre recorded on chromebooks for students to follow along at their own pace.

SOCIAL STUDIES

We have essentially completed our first 2 chapters in social studies. Through these chapters, students have learned an overall picture of what democracy is, and how to get involved in our community. We also took an in-depth look at the Canadian Charter of Rights and Freedoms. In November, we will be shifting our focus to look at the different levels of government, beginning with the municipal, or local, government.

LANGUAGE ARTS

We have been working on finishing up our "This is Me" project, as well as focusing on some specific word work learning. Students have been enjoying the class read-aloud, Refugee, by Alan Gratz. The classes have also been engaging in journal writing using various prompts. We have had the pleasure of having students share some of their creative writing with the class. We just got started on our "Elements of a Short Story" concepts and will continue learning these concepts this month, while applying them to various short stories we will read in November and December.

SCIENCE

We wrapped up our Evidence & Investigation Unit at the end of October and are beginning many students' favourite Unit - Sky Science! Grade 6s often have a lot of background knowledge in this unit such as the order of planets from the sun, and other planetary information. We'll be learning about moon phases, and other celestial objects such as meteors, comets and asteroids in this unit as well. Please check Google Classroom for what we are covering in class if absent or for review.

GRADE 7 POD

MATH-MRS.SMART

As we start November, we will be completing our current unit on Fractions, Decimals and Percent, and then moving on to our next unit about Fraction Operations. In this unit, we will explore adding and subtracting fractions and mixed numbers with like and unlike denominators. **Some students are coming to class without their scientific calculators, so please ensure that your child has a calculator here at school. I only have so many to hand out and share!**

SOCIAL STUDIES- MS.SERBU

We are just finishing up learning about the British and how they came to North America and the impact that they had on the First Nations as well as the French who had begun setting up colonies. Once we finish our current chapter we will move into learning more about the fur trade and the complications that it brought with it.

LANGUAGE ARTS- MRS. HUFF

We are continuing to work through our narrative writing unit, we completed a quiz on the concepts covered. We are now moving into our narrative writing skills in the form of superhero origin stories! Students will develop their own superhero characters, plotlines and conflicts before creating their hero's origin short story. Ideally, we will begin our first novel study by the end of November; The Giver by Lois Lowry. Once we have finished the book in December we will watch the film adaptation and compare the stories.

SCIENCE- MRS. SMART

Once the Interactions & Ecosystems unit test has been completed in early November, students will be starting to explore the Heat & Temperature unit. We explore the differences between heat, temperature and thermal energy through a variety of activities!

GRADE 8 POD

LUNCH TIME REMINDERS: Microwaves are available for lunch. Parents/Guardians, if your students' lunch requires a utensil (spoon, fork, etc) they **MUST** bring one from home. Thank you!



MATH-MRS. BERRY

This month, we will be finishing up Chapter 2: Percent, Ratio & Rate. Students will demonstrate an understanding of ratio and rate. Students will solve problems that involve rates, ratios and proportional reasoning. Finally, students will work with percentages (greater to and less than 100%). Then, we will head into Chapter 3: Integers. This year, students will learn to both multiply and divide integers. We will review addition and subtraction of integers and eventually solve problems with multiple operations involving integers (Order of Operations = BEDMAS). This will take us into the month of December.

SOCIAL STUDIES-MR. SMITH

We have finished our study of the Middle Ages and students have completed their first major project that showcases their understanding of what towns and country life looked like during this time period. We have moved into the Early Renaissance with students looking at the Italian City-States and the role they played in helping spread the Renaissance into the rest of Europe.

LANGUAGE ARTS-MR. WILLEMS

We have been wrapping up our "Mystery, Mayhem, and Suspense Unit"-- focusing on literary devices, foreshadow, and character development--and moving on to our "Say Something Unit". This unit is all about the powerful message/theme a picture book can portray using only a few words and a handful of pictures. The end result will be the students' own original book. We are also continuing on with our daily routines of silent reading, writing prompts, short films, online portfolios, and grammar work.

SCIENCE-MR. GINTHER

Students will wrap up the Body Systems unit and start on Fresh and Salt Water Systems..Earth is sometimes described as the water planet. Over two-thirds of Earth's surface is covered by oceans and freshwater features. By exploring examples of aquatic systems, students come to appreciate the dynamic nature of these systems and learn about the interaction of landforms, sediments, water and climate. Students also investigate factors that affect the distribution of health of living things in aquatic environments and the supply and quality of water for human use.



NEWS FROM THE LEARNING COMMONS

The library is once again excited to host a Scholastic Book Fair. The fair will run from **November 14 - 21**. Students will have the opportunity to purchase from the fair during their weekly library class, as well as at recess. The book fair will also be open during Parent/Teacher interview nights. These nights are November 15 & 16. Parents are welcome to come and browse/purchase from 4-7 p.m. Payment for book fair items can be made with cash, debit or credit card.

There will be many great selections from Graphic Novels to Fiction and Non-Fiction titles for students to choose from. Thank you for your continued support with the book fair. Your support is greatly appreciated and helps put new books into the hands of eager readers. Proceeds from book fair sales help put new books into our library which can then be accessed by all students. If you have any questions regarding the Book Fair, please contact Mrs. Pilling at (403) 345-3340.



ATHLETICS



Cross Country Run : Big congratulations goes out to all our cross country runners who ran on our club team after school. It was great to see so many students getting out there and being active. Another big shout out goes to those runners who went to the LSAA Meet at Nicholas Sheran Park and then to the Zone Meet in Pincher Creek. Great work to all the bears who represented Baker so well at these meets!

Volleyball : It's great to see volleyballs flying around the gym again this year!! We have all four of our teams competing in league play and tournament play this season again. All our teams have shown so much growth this season and are working hard to finish the season strong. We've loved seeing all the development that a tournament-filled season has allowed for!

Basketball: Basketball will be starting up again mid-November! Check out the poster below for clinic dates and tryout information.

BASKETBALL SEASON IS COMING...

CLINIC:	TRYOUTS:
THURSDAY, NOVEMBER 9TH	TUESDAY, NOVEMBER 14TH
GIRLS: 3:30-5:00	GIRLS: 3:30-5:00
BOYS: 5:00-6:30	BOYS: 5:00-6:30
	WEDNESDAY, NOVEMBER 15TH
	GIRLS: 5:00-6:30
	BOYS: 3:30-5:00

R.I.B.M.S "CLUBS"

Art Club with Ms. Macklin 3:30 - 4:30 pm on Thursdays

Guitar Club with Mr. Ginther 3:30 - 4:15 pm Tuesdays and Thursdays

Dungeons and Dragons with Miss Serbu Lunchtime on Wednesdays

Cribbage Club with Mrs. Smart Lunchtime on Tuesdays

Big Brothers Big Sisters Program - Go Games/Go Girls School - ran by BBBS staff, stay tuned for more information!

Jazz Band with Mr. Conrad Fridays 12:30 - 1:30pm

Choir with Mr. Conrad TBD - Stay tuned!

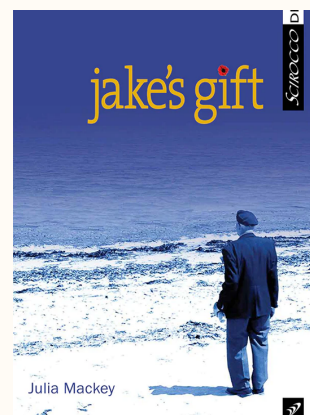
GSA with Mr. Smith/Mrs.Huff Various lunch hours, stay tuned to morning announcements

NOTES FROM THE MUSIC ROOM

The Grade 8 Band was proud to share a couple of spooky tunes for kids on Halloween during our costume parade. Halloween comes quick in the school year, and the band did a great job. This group is also looking forward to participating in our schools' Remembrance Day observance on Friday, November 10th. The group will be performing O Canada as well as a feature piece called Resplendent Light by Tyler S. Grant.

Grade 6 and 7 band students are continuing to work on music for our Christmas Concert, coming up on Wednesday, December 13, 2023.

COMMUNITY NEWS



The Town of Coaldale Civic Square Atrium will host its first theatrical performance on Saturday, October 28th, 2023.

To commemorate the end of poppy tag day, Southern Albertans have a chance to take in a Canadian play about a World War II veteran's reluctant return to Normandy, France, for the 60th Anniversary of the D-Day landings.

The play, entitled "Jake's Gift", has been performed in the US, England and France. In its 11th year, it returns for an Alberta tour.

Julia Mackey, who has worked in theatre for about 25 years as a playwright and performer, continues to honour veterans with this live performance play.

"It was a play that was born out of my own experience of going to Normandy for the 60th Anniversary of D-Day back in 2004, and I interviewed as many veterans as I could about their experience of being back there for the Anniversary and what it was like during the war – for a lot of them, it was their first time back since the war, and it was a very emotional experience. So, the play is a love letter to all veterans to thank them for their service."

Mackey says interviewing the soldiers was one of the most moving experiences of her life and feels the play is her way of thanking the soldiers.

As for the context of the play, Julia says the story revolves around a WW2 veteran who reluctantly returns to Normandy to find his brother's grave. While there, he meets a young French girl obsessed with the returning soldiers who are there for the big Anniversary. The pair become good friends and develop a grandfather-granddaughter relationship. The young girl pushes him to deal with some unresolved ghosts, including the death of his eldest brother and encourages the war vet to have a final graveside conversation with his brother when he does find the grave.

"I am excited that "Jake's Gift", a multi-award-winning Canadian Play, is coming to Coaldale. This will be a great opportunity to showcase our new Civic Square Atrium with a live performance. I have attended the show four times, and Julia Mackey's performance still amazes me every time. When it comes to Canadian Theatre at its best, this is a must-see performance." says Coaldale Mayor Jack Van Rijn.

"Jake's Gift" runs about 65 minutes with no intermission and is suggested for ages ten and up.

The performance will be held in the Coaldale Civic Square Atrium #200, 1801 20th Avenue. Tickets are \$25 and can be purchased online @jakesgift.com or at the Lethbridge Legion Bar.

Tickets can also be purchased from:
Glenn Miller 403.360.6076 or Jack Van Rijn 403.382.0099

Doors open at 1:00 p.m. and performance starts at 2:00 p.m. For more information about the play, check out www.jakesgift.com

Make sure to check out the following links:

YouTube: https://www.youtube.com/watch?v=11D_1A0FqOw...

Facebook: https://www.facebook.com/Jakes-Gift-464185233650975/?ref=br_rs

Website: <http://www.jakesgift.com/jakesgift.com/home.html>





Mission of Angel Tree for Kids Campaign: collect new, unwrapped toys during November and December each year, and distribute those toys in Christmas gift bundles to children and youth in Lethbridge and area whose families need help at Christmas.

How do I register:

1. Families can self-register on Lethbridge Family Services website (www.lfsfamily.ca/angeltree).
2. Making Connections Worker at the school can submit a referral on behalf of the family (see contact information below).

Registration Deadlines:

- Referrals from schools/organization – Friday, November 18
Online family registrations – Tuesday, November 30

If there are any questions, who do I contact:

1. **Making Connections Worker- Jessica Hoffman:** jessical.hoffman@pallisersd.ab.ca
or call/text (403)332-1599
2. **Angel Tree Coordinator- Michelle Gallucci** (she/her) MGallucci@lfsfamily.ca
Lethbridge Family Services 403-915-8028

HOT LUNCH PROGRAM RUNS EACH WEDNESDAY



THE RIBMS CANTEEN IS
OPEN MONDAY
THROUGH THURSDAY
FROM 11:40-12NOON!

Hot Lunch Orders are DUE OCTOBER 27, 2023

NOVEMBER HOT LUNCH
HOMEROOM: _____

NAME: _____

Subway Lunch

All sandwiches are served on white bread with cheese, lettuce & mayo

- Pizza Sub, Juice Box & Cookie [add \$7.00]
- Turkey Sub, Juice Box & Cookie [add \$7.00]
- Ham Sub, Juice Box & Cookie [add \$7.00]
- 2- Pizza Subs, Juice Box & Cookie [add \$12.50]
- 2 - Turkey Subs, Juice Box & Cookie [add \$12.50]
- 2 - Ham Subs, Juice Box & Cookie [add \$12.50]

Coaldale Bakery

- Potato Soup with Cheese Bun [add \$9.00]
- Turkey Bacon Ranch Wrap [add \$10.50]
- Sausage Roll [add \$2.75]
- Pizza Bun [add \$3.25]
- 2- Sausage Rolls [add \$5.25]
- 2 - Pizza Buns [add \$6.25]

Coaldale Motor Inn

- Pierogies & Sausage [add \$10.00]
- Cheeseburger & Fries [add \$10.00]

EDO

- Kids Chicken Meal with Rice [add \$8.00]
- Kids Beef Meal with Rice [add \$8.00]
- Kids Chicken Meal with Noodles [add \$8.00]
- Kids Beef Meal with Noodles [add \$8.00]
- Adult Chicken Meal with Rice [add \$12.00]
- Adult Chicken Meal with Noodles [add \$12.00]
- Adult Beef Meal with Rice [add \$12.00]
- Adult Beef Meal with Noodles [add \$12.00]

Taco in A Bag

- Taco in a Bag [add \$6.00]
- 2 Tacos in a Bag [add \$12.00]

November 2023



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Subway Lunch	2	3
6	7	8 Coaldale Bakery Lunch	9	10 Remembrance Day Ceremonies 10:30 am
13 NO SCHOOL	14	15 Coaldale Motor Inn Lunch Parent Teacher Interviews 4-7pm	16 Parent Teacher Interviews 4-7pm	17
20	21 Parent Council Mtg 6:30	22 Edo Lunch	23	24
27	28	29 Taco in a Bag Lunch	30 Term 1 ends	

SchoolCashOnline
KEVGROUP

SCHOOL FEES & EXTRA CURRICULAR FEES

Fees are now due, so please access your School Cash Online account to see what your students' fees (school, athletic, band) are for the year, purchase hot lunch, complete certain permission forms, etc.

If you are experiencing financial hardship, please contact our office. There are payment options that can be discussed, but only if we are made aware of the situation.

<https://palliserregional.schoolcashonline.com>



Our Lost and Found is located inside our Main Entrance. Please remind your students to look inside the benches there if they are missing something! (Eg/ Hoodies, jackets, lunch kits, water bottles, binders...) Thank you!!

December 2023



Monday	Tuesday	Wednesday	Thursday	Friday
				1 NO SCHOOL
4 Term 2 Starts	5	6	7	8
11	12	13	14	15
18	19	20	21	22 NO SCHOOL
25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL



Edsby is RI Baker's program used to report GRADES and ATTENDANCE to parents.

Invitations for Edsby have been emailed. Thank you to all the Parents that have already set up their accounts! If prompted when signing up, the School Code is Pallisersd

Please call our office at 403-345-3340 or email megan.curtis@pallisersd.ab.ca if you are having difficulties setting up your account.

****TIP: : Downloading the Edsby App and allowing notifications from Edsby helps us notify you quickly if your child is absent!**

THE 2023 RIBMS WALK-A-THON UPDATE!

A HUGE thank you goes out to all our Walk-A-Thon Volunteers! Without these AMAZING people, our Walk A Thon would simply not be possible - so THANK YOU!

There will be an assembly in the future to celebrate, so please stay tuned! Parents will be welcome to attend!!

Thank you also to our GENEROUS prize donors!



Lethbridge Toyota
 Alpenland Ski & Cycle
 Bethel Windows & Doors
 Fairway Plaza & West Lethbridge Safeway
 Two Guys and a Pizza Place
 California Dream Limousine
 Shane Edwards



Thank you also go out to our local RCMP for helping control traffic and the Town of Coaldale for the beautiful path system.

COUNSELLORS CORNER

To make an electronic referral please click this link and fill out the referral form. It will be submitted to me and is confidential. I will contact you as soon as possible after receiving your submitted referral.

<https://forms.gle/ahRPVP8PRgnc3pcz8>

CHANTELLE RAUDA, B.A., BSW, RSW
 (SHE/HER)



FAMILY SCHOOL LIAISON COUNSELLOR

www.pallisersd.ab.ca
 chantelle.rauda@pallisersd.ab.ca

R.I. Baker, Huntsville, Sunnyside
 (587)-370-3669

***NOTICE - Please be aware this email account is not monitored outside of school hours or on holidays. If you are in need of immediate counselling supports/assistance, please consider calling:
 - Kids Help Phone (1-800-668-6868) or the
 - Distress Line of South Western Alberta (403-327-7905 or 1-888-787- 2880)
 If you are looking for a live chat option, you can follow this link to access supports:
 - <https://kidshelpphone.ca/live-chat/>
 If you are looking for a texting option, you can
 - text CONNECT to 686868
 If this is an emergency, please
 - call 911 immediately.
 Thank you for your communication



Parent Information Sessions
 Lethbridge Child, Youth and Family Addiction and Mental Health
 Phone: 403-381-5278

Parent ADHD Information Sessions

These are educational sessions for parents and caregivers who want to learn about ADHD. The purpose of these sessions is to provide current introductory information around ADHD. The Zoom link below is the same for all ADHD parent sessions. Participants can choose to attend any of the sessions as many times as they like.

Session Date:	Topic of Session:
September 19, 2023, 6-7 p.m.	What is ADHD & How to Talk to Your Child/Teen About It
October 3, 2023, 6-7 p.m.	How Medication, Sleep, Exercise & Nutrition Impact ADHD
October 17, 2023, 6-7 p.m.	How ADHD Impacts Self-Regulation & The Importance of Coregulation
October 31, 2023	Halloween – NO SESSION
November 14, 2023, 6-7 p.m.	Tools for Effective Parenting a Child/Teen with ADHD
November 28, 2023, 6-7 p.m.	Navigating School Systems & Community Services
December 12, 2023, 6-7 p.m.	What is ADHD & How to Talk to Your Child/Teen About It
December 26, 2023	Christmas Break – NO SESSION
January 9, 2024, 6-7 p.m.	How Medication, Sleep, Exercise & Nutrition Impact ADHD
January 23, 2024, 6-7 p.m.	How ADHD Impacts Self-Regulation & The Importance of Coregulation
February 6, 2024, 6-7 p.m.	Tools for Effective Parenting a Child/Teen with ADHD
February 20, 2024, 6-7 p.m.	Navigating School Systems & Community Services

To Register: Please call Access Addiction & Mental Health at 1-888-594-0211 – Choose option #3 for the SOUTH ZONE.

Keep Calm and Parent On Information Sessions

These educational sessions are designed for parents/caregivers who want to understand the foundation in which to support their child/teen's self-regulation in conflict, while preserving/obtaining a healthy parent/child relationship. Coregulation will also be a focus providing opportunities for parents to reflect on their own ability to self-regulate when in conflict. The Zoom link below is the same for all sessions. Participants can choose to attend any of the sessions as many times as they like.

Session Date:	Topic of Session:
September 21, 2023, 6-7 p.m.	Ages & Stages – How Development Impacts Parenting Expectations
October 5, 2023, 6-7 p.m.	Building Communication Skills with Our Children/Teens
October 19, 2023, 6-7 p.m.	Examining How Boundaries Impact the Parent/Child/Teen Relationship
November 2, 2023, 6-7 p.m.	Understanding Anger and How to Manage Conflict
November 16, 2023, 6-7 p.m.	Examining How Family Roles Impact the Parent/Child/Teen Relationship
November 30, 2023, 6-7 p.m.	How to Balance Technology in Your Family
December 14, 2023, 6-7 p.m.	Ages & Stages – How Development Impacts Parenting Expectations
December 28, 2023	Christmas Break – NO SESSION
January 11, 2024, 6-7 p.m.	Building Communication Skills with Our Children/Teens
January 25, 2024, 6-7 p.m.	Examining How Boundaries Impact the Parent/Child/Teen Relationship
February 8, 2024, 6-7 p.m.	Understanding Anger and How to Manage Conflict
February 22, 2024, 6-7 p.m.	Examining How Family Roles Impact the Parent/Child/Teen Relationship

To Register: Please call Access Addiction & Mental Health at 1-888-594-0211 – Choose option #3 for the SOUTH ZONE.